



**American
Red Cross**

Marshall County Chapter

SWIMMING LESSONS Spring 2010



CLASS DESCRIPTION	DATE	TIME	COST
AQUA TOTS — Ages 6 months — 4 years A parent accompanies child in water. This class teaches basic water skills and it is for children 6 months to 4 years.	January 18 – 22	6:00 — 7:00 PM	\$40
LEVEL I — Ages 4 years and up This class is for the student who has never had lessons. It teaches basic water skills. Ages 4 and up.	January 18 – 22	7:00 — 8:00PM,	\$40
LEVEL II — Must have passed level I This class is for the advanced beginner. Students need to be able to float and put their face in the water. Students learn a basic dog-paddle and simple swim strokes. Ages 4 and up.	February 22 — 26	6:30 — 7:30PM	\$40
LEVEL III — Must have passed Level II This class is for the intermediate swimmer. Students need to be able to swim without assistance about 5 feet using a basic front & back crawl stroke; and they must be able to float unassisted for 10 seconds. Students will learn new strokes such as breast-stroke and side stroke, as well as improve the crawl stroke. Ages 5 and up.	March 22 — 26	6:30 — 7:30 PM	\$40
LEVEL IV (No Diving) — Must have passed Level III	April 19 — 23	6:30 — 7:30 PM	\$40
ADULT — Ages 13 and up This class is for the older students who wish to learn to swim or improve their skills.	April 19 — 23	7:30 — 8:30 PM	\$40

All classes are taught by American Red Cross Water Safety Instructors and conducted with a lifeguard on duty.

To sign-up or for more information:
Contact the Marshall County Chapter of the American Red Cross, 931-359-1211